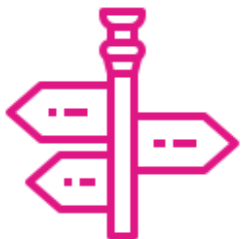
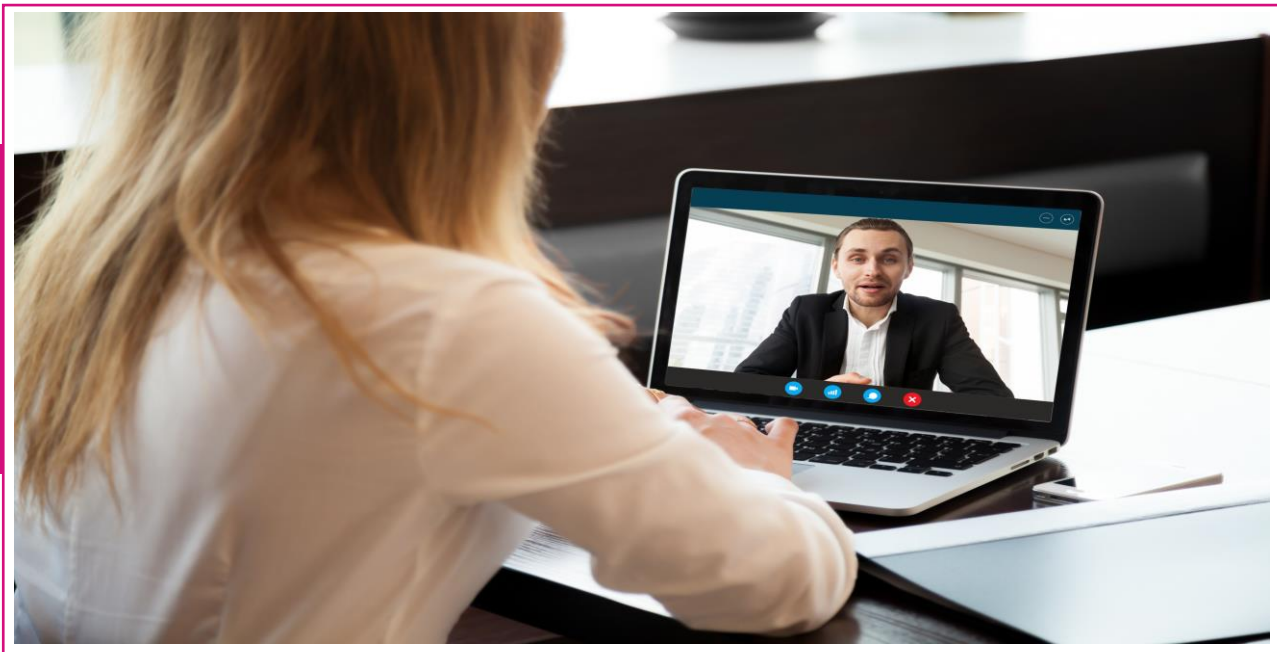


1:1 Coaching



What to expect

Our coaching service is about transforming people so they can perform better, achieve their goals and find meaning in what they do. The coaching services are offered on a 1:1 basis and provided primarily via Zoom, Microsoft teams or other on-line services. If you are interested in this service, please book a coaching session with one of our fully certified ICF& PCC coaches. You can also use us on an ad hoc basis when issues arise and where an external perspective might help. When you pay us for coaching, you are not just paying for that time but for the decades of expertise together with vast knowledge gleaned from countless courses delivered and seminars, conferences and training attended by some of the world's leading experts

Leadership coaching



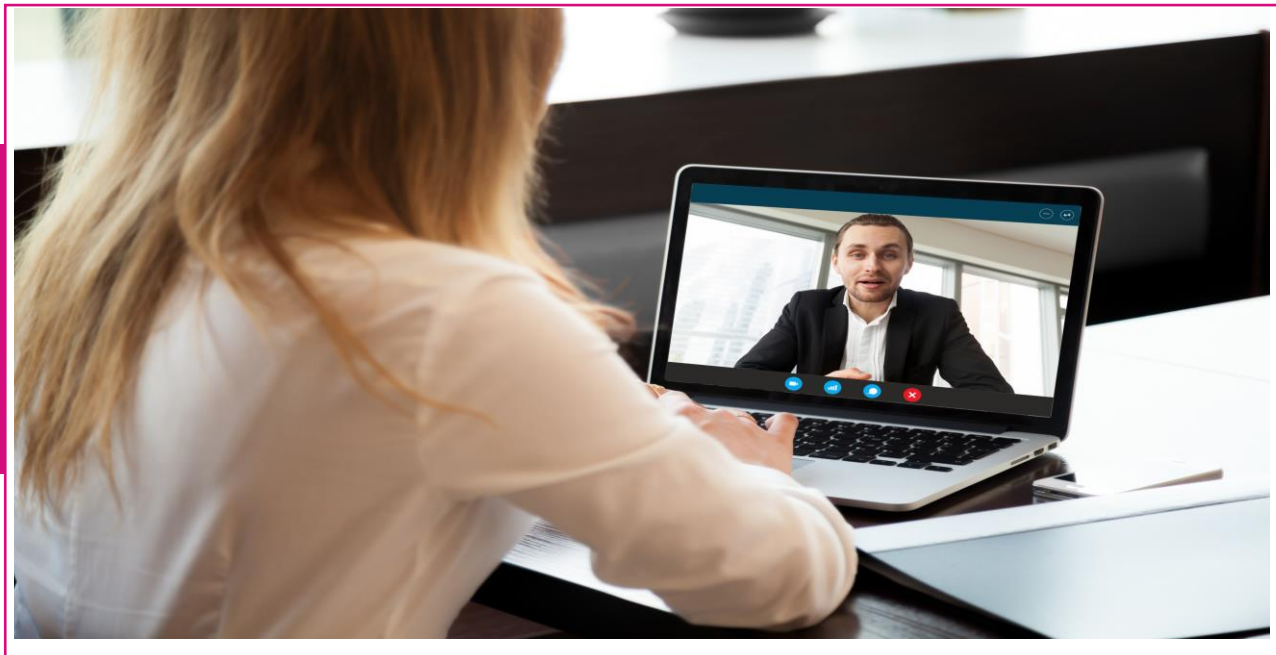
If you are facing complex leadership challenges, you have come to the right place. We offer business focused coaching which challenges you when you need it to be and is kind to you when you don't. We provide a confidential space to think through issues and develop strategies to help you lead.

Career coaching

If you are moving from a doing role to a leading role you may need support to help you navigate through the new challenges that you face. We help new leaders and those recently promoted to move their mindset from operational to strategic and grow in confidence in their new role.



1:1 Coaching



Personal life coaching



If you are having well-being and emotional challenges related to work or home or just coping with the current situation we are here to help. You are so much more than you know – let's shape your future together

Strategic business coaching

Henriette's a Strategic Business Coach, working with professional entrepreneurs & business owners who struggle to get more clients. She works with entrepreneurs to make changes in their businesses, strategies & systems so that they can attract more clients on a continuous basis



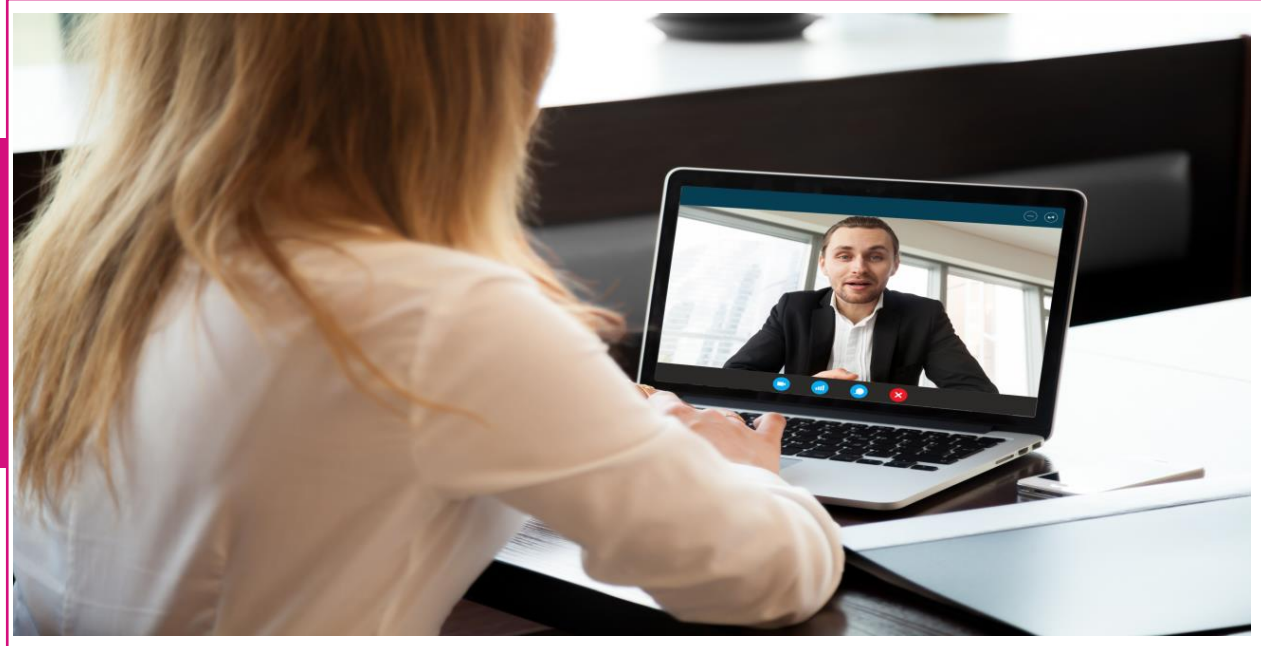
Knowyourself- MBTI 121



Helping you discover what makes you 'tick' and appreciate that others may 'tock'

The MBTI® Questionnaire was created by Katharine Briggs and Isabel Briggs Myers to help people understand themselves better and appreciate that others are different. We help you to look at differences in a positive, non-judgemental way that can make working and interactions with other people easier and more effective

Fees



Leadership coaching

Standard

Stand- a-lone 60 minutes £150

Package

60 minutes x 6 sessions over a period of 3 months £600

Bonus

Stand- a-lone 90 minutes £200

Package

90 minutes x 4 sessions over a period of 3 months £810

Career coaching

Standard

Stand- a-lone 60 minutes £100

Package

60 minutes x 6 sessions over a period of 3 months £450

Bonus

Stand- a-lone 90 minutes £150

Package

90 minutes x 4 sessions over a period of 3 months £660

Personal Life coaching

Standard

Stand- a-lone 60 minutes £50

Package

60 minutes x 6 sessions over a period of 3 months £240

Bonus

Stand- a-lone 90 minutes £65

Package

90 minutes x 4 sessions over a period of 3 months £300

Know yourself MBTI -- On request, contact us.

Strategic business coaching – On request, contact us.